



AQUATICS



SEE YOU AT BEGG!

A comprehensive swimming program is offered at Begg Pool year round. This includes youth and adult instruction, lap swimming, water aerobics fitness, a youth swim team, adult swim club, and many more including special events.

CONTACT

Aquatics Coordinator: Jasper Nery | jnery@manhattanbeach.gov | (310) 802-5428

BEGG POOL

1402 North Peck Avenue
Manhattan Beach, CA 90266
(310) 802-5428 or (310) 802-5448

REGISTRATION

02

REGISTRATION BEGINS 03/02/2026
for MB Residents
at 6am [online](#)

17

REGISTRATION BEGINS 03/16/2026
for non-MB Residents
at 6am [online](#)

21

ACTIVITIES BEGIN 04/13/2026
be sure to register early before
classes sell out



Begg Pool is heated at 84 degrees all year long!



These activities fill quickly, so register early and claim your spot!



WAITING LISTS FOR AQUATICS CLASSES ARE NO LONGER OFFERED. OPEN SPOTS WILL BE FILLED ON A FIRST-COME, FIRST-SERVED BASIS.

TOTS
PARENT AND ME SWIM LESSONS 🔥

1 but less than 3
Res: \$110 Nonres: \$121 (6 Weeks)
For children 1 to 3 years old. Parent or guardian must participate in the water during each class with their child. Limit of one child per adult. Children must wear a swim diaper. This class is not designed to teach your child to swim. Class is to help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on, and around the water. One makeup class is allowed per session. No class 5/24.
Location: Begg Pool
Instructors: Begg Pool Staff

47709	10:30am to 11:10am	4/19 - 5/31	Su
47710	11:15am to 11:55am	4/19 - 5/31	Su

ALL AGES
PRIVATE SWIM LESSONS 🔥

3 and up
A one-on-one learning environment for children or adults. Classes meet for 40 minutes. You must be 3 years old, potty-trained and be able to be in the water without a parent. Private lessons are for all skill levels. There is one makeup class allowed per session. No class 5/23, 5/24, and 5/25.
Location: Begg Pool
Instructor: Begg Pool Staff

Res: \$930 Nonres: \$1,023 (8 Weeks)			
47714	4pm to 4:40pm	4/13 - 6/3	MW
47717	6:15pm to 6:55pm	4/13 - 6/3	MW

Res: \$992 Nonres: \$1,091 (8 Weeks)			
47715	4pm to 4:40pm	4/14 - 6/4	Tu Th

YOUTH
JR. GUARD CONDITIONING CLASS 🔥

9 but less than 15
This class is designed for children who are looking to stay in swimming shape before the LA County JG Program begins. Participants will work on their endurance and speed as well as refining their freestyle. Prerequisite: Must be able to swim 100 yards freestyle under two minutes on the first day of class. No class 5/25.
Location: Begg Pool
Instructor: Begg Pool Staff

Res: \$189 Nonres: \$208 (7 Weeks)			
47703	4pm to 4:40pm	4/13 - 6/1	M

Res: \$216 Nonres: \$238 (8 Weeks)			
47704	4pm to 4:40pm	4/14 - 6/2	Tu
47705	4pm to 4:40pm	4/15 - 6/3	W
47706	4pm to 4:40pm	4/16 - 6/4	Th

Res: \$372 Nonres: \$409 (6 Weeks)			
47721	9am to 9:40am	4/18 - 5/30	Sa
47722	9:45am to 10:25am	4/18 - 5/30	Sa
47723	10:30am to 11:10am	4/18 - 5/30	Sa
47724	11:15am to 11:55am	4/18 - 5/30	Sa
47725	Noon to 12:40pm	4/18 - 5/30	Sa
47726	9am to 9:40am	4/19 - 5/31	Su
47727	9:45am to 10:25am	4/19 - 5/31	Su
47728	10:30am to 11:10am	4/19 - 5/31	Su
47729	11:15am to 11:55am	4/19 - 5/31	Su
47730	Noon to 12:40pm	4/19 - 5/31	Su



SUMMER CAMP
JUNIOR AQUATICS CAMP 🔥

8 but less than 13
Res: \$409 Nonres: \$450 (2 Weeks)
Open to all boys and girls ages 8 to 12 who can swim 25 yards non-stop. Campers will enjoy the benefits of outdoor activities both on and off the water, learn some basic lifeguarding skills, and participate in hands-on arts and crafts projects while making new friends and creating lifelong memories. Camp will be active, and each session will focus on progressively building swim competencies and skills. Fee includes uniform (t-shirt and sweatshirt) and field trip transportation to the beach every Tuesday.

47859	8:30am to 12:30pm	6/15 - 6/26	M Tu W Th F
47860	8:30am to 12:30pm	6/29 - 7/10	M Tu W Th F
47861	8:30am to 12:30pm	7/13 - 7/24	M Tu W Th F
47862	8:30am to 12:30pm	7/27 - 8/7	M Tu W Th F

POOL RENTAL

BEGG POOL 1402 North Peck Ave.
(310) 802-5428 • (310) 802-5448

SATURDAYS & SUNDAYS after 1pm
Res: \$200/hour • Nonres: \$220/hour

Bookings are on a first come, first served basis.
For reservation information, call **(310) 802-5448** or email reservations@manhattanbeach.gov

POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators.

- Swimsuit required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard approved lifejackets may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard lifejacket must be accompanied by an adult in the pool, within arms reach
- Parents or guardians are welcome to watch lessons or programs from behind the fence or in designated viewing areas

NOT ALLOWED IN POOL OR POOL AREA

- Flotation devices
- Diving
- Running
- Pets
- Smoking
- Breath-holding games

NO EXCEPTIONS

- The City reserves the right to refuse access at any time
- No outside coaching allowed

LAP SWIM

Online Reservation: Res: \$5 Nonres: \$7
Drop-in: Res and Nonres: \$7
Saturday & Sunday
9am - 9:50am

Monday - Thursday	Friday
7pm - 7:50pm	3pm - 3:50pm
	4pm - 4:50pm
Monday - Friday	5pm - 5:50pm
7am - 7:50am	

REC SWIM

Online Reservation: Res: \$3 Nonres: \$5
Drop-in: Res Nonres: \$5
Saturday & Sunday
12pm - 12:50pm
See www.manhattanbeach.gov/aquatics to make an online reservation and for more information

FACT ABOUT BEGG POOL *Begg Pool is heated at 84 degrees all year long!*



ADULTS

ADULT SWIM LESSONS

18 and up

It's never too late to learn how to swim! Our adult swim lessons provide a place for adults to learn how to swim in a friendly, small group setting. These lessons are for those individuals who wish to learn to swim or those who want to improve their technique and feel safe and secure in the water. One makeup class is allowed per session. No class 5/25.

Location: Begg Pool

Instructor: Begg Pool Staff

Res: \$168 Nonres: \$185 (7 Weeks)

47700 6:15pm to 6:55pm 4/13 - 6/1 M

Res: \$192 Nonres: \$211 (8 Weeks)

47701 6:15pm to 6:55pm 4/15 - 6/3 W

FITNESS

BEGG POOL MASTERS 2026

Res: \$75 Nonres: \$82

16 and up

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. We invite you to come and swim with us! You may also drop in for \$10 per day if there are open spaces.

AM

47639

6am to 7am Monthly through December 31 M Tu W Th F

PM

47640

7pm - 8pm Monthly through December 31 M Tu W Th

WATER AEROBICS

16 and up

Improve muscular endurance, core strength, and flexibility in this class designed for men and women looking for a great low-impact workout. Workout includes aerobics, stretching, and relaxation exercises. Knowing how to swim is not a prerequisite for participation in this class. Register for the entire session or drop in and pay \$10 per class at the pool. No makeup available for this program. No class 5/25.

Location: Begg Pool

Instructors: Begg Pool Staff

Standard charge: \$35 (7 weeks)

47737 3:05pm to 3:55pm 4/13 - 6/1 M

Standard charge: \$40 (8 weeks)

47739 3:05pm to 3:55pm 4/14 - 6/2 Tu

47740 3:05pm to 3:55pm 4/15 - 6/3 W

47738 3:05pm to 3:55pm 4/16 - 6/4 Th



LIFEGUARD TRAINING CLASS (LGT)

15 and up

Res: \$270 Nonres: \$297

Gain the certifications and training to become a pool pro! Certificates include American Red Cross C.P.R. for the Professional Rescuer, AED, Oxygen Administration and First Aid. Participants successfully completing this program will be qualified for lifeguard positions in Manhattan Beach and other public and private agencies.

- Be prepared to swim at each class (bring a swim suit, towel, goggles, swim cap)
- Be prepared to take notes (bring pen/pencil and paper)

LGT books will be available for loan but may be purchased for \$35.

- **Monday, March 2, 2026**, the class will meet at the Mira Costa High School Pool from 6:30 - 8:00 pm for the prerequisite swim test.
- **Saturday, March 14, 2026**, and **Sunday, March 15, 2026**, classes will meet at Manhattan Heights Community Center in the Mt. Baldy Room from 9 am to 6:30 pm.

47135 9am to 6:30pm 3/14-3/15 Su Sa